

# It's Time to Have Some FUN! 😊

June 3<sup>rd</sup>-5<sup>th</sup>



Hi Everyone,

We want to thank you all for your hard work during this challenging time. We know it was not easy. To say a big thank you to you all, we have decided to try to bring some fun to you for the month of June. We would have been doing lots of active, exciting activities in school, so we thought we would bring them to your homes, gardens & local parks! We plan to have a different activity for every day, we hope that you take a photography of each activity & share it with us on Google Classroom. This week there will be only 3 activities due to the long weekend.

So let the fun begin....

We can't wait to hear all about it & see some pictures on google classroom.



# Well-Being Challenge for June

<input type="checkbox"/> Take time to ask someone how they are	<input type="checkbox"/> Do something that makes you happy	<input type="checkbox"/> Say one nice/positive thing to someone today	<input type="checkbox"/> Make a plan to meet someone dear to you	<input type="checkbox"/> Do a random act of kindness for someone today	<input type="checkbox"/> Tell someone important how much they mean to you	<input type="checkbox"/> Go for a walk
<input type="checkbox"/> Be nice to someone today	<input type="checkbox"/> Set a good example today	<input type="checkbox"/> Give a compliment	<input type="checkbox"/> Thank people	<input type="checkbox"/> Offer hugs to your loved ones and friends	<input type="checkbox"/> Smile at someone today	<input type="checkbox"/> Write down 3 things you are grateful for
<input type="checkbox"/> Go for a 30 minute walk	<input type="checkbox"/> Meditate. Sit, relax, focus on breathing	<input type="checkbox"/> Take time to check in on someone today	<input type="checkbox"/> Spend time in nature	<input type="checkbox"/> Try a new activity today	<input type="checkbox"/> Laugh	<input type="checkbox"/> Draw or paint a picture
<input type="checkbox"/> Sit in the sun for five minutes	<input type="checkbox"/> List 3 things you like about yourself	<input type="checkbox"/> Enjoy a sunset or sunrise	<input type="checkbox"/> Introduce yourself to someone new	<input type="checkbox"/> Drink a glass of water before each meal	<input type="checkbox"/> Write a poem	<input type="checkbox"/> Clean out a cluttered drawer
<input type="checkbox"/> Do something you love	<input type="checkbox"/> Send a nice text message to someone	<input type="checkbox"/> Take a photo of something nice				
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## Activity (1) Scavenger Hunts



Choose one of the following scavenger hunts to complete or do them both if you want. You can do it at your own pace or time yourself to see how fast you can complete it.

Feeling more competitive? Race against a sibling or willing parent.

No cheating !!!!



## Garden Hunt - find the following things

1. Stone
2. Cobweb
3. Stick
4. Bird
5. Something beginning with the letter "d"
6. Minibeast
7. Something beginning with the letter "p"
8. Brown leaf
9. Garden tool
10. Green leaf
11. Feather
12. Worm
13. A Fallen Petal
14. A Weed



## Neighbourhood Hunt - find the following things

1. a flag
2. A dog on a walk
3. Motorbike
4. White fence
5. Red car
6. Father
7. Someone eating ice cream
8. Flowers on a window sill
9. Satellite dish
10. Someone running
11. Yellow house
12. For Sale sign
13. Tree stump
14. Someone wearing a hat





## Activity (2) Potato People



### Competition-

We want you to decorate a potato as a character from a book. Take a photo of it & Send it to us on google classroom.

Include the name of the character in a private comment!  
The best character from 3<sup>rd</sup> + 4<sup>th</sup> will be posted on the blog!



Let the spud decorating begin!! ☺



## Activity 3: Build a Fort / Den



**Outdoor Hut-** When you are out on a walk try to collect as many sticks or small light branches with leaves as you can. These can be used to make the shape of your hut. I'm sure you'll be able to think of how to creatively use lots of things that you have at home in building & decorating your hut.

or

**Indoor Fort-** Everyone loves a well-built fort, whether you are an adult or a child. So grab some sofa cushions, bed sheets, chairs or **other items** to build an indoor fort. You could use fairy lights or a torch to light it up and make a cosy fort to escape to when lockdown blues kick in. If your parents allow you, you could even spend a night sleeping in your fort.



Take a picture of you inside your fort & send it to us on google classroom 😊

