

Monday: Athletics

- Relay races / Novelty Races
- Wellie throwing
- Long jump/high jump

Thursday: Gymnastics & Dance

- Dance routines
- Balancing
- Gymnastic routines

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Tuesday: Outdoor and Adventure Activities

- Build a fort/den
- Orienteering / Scavenger hunt
- Obstacle course

Virtual Active Week

June 22nd to 26th 2020

Wednesday: Games – skills

- Kicking
- Catching
- Throwing

Friday: Aquatics & Sports Day

- Water activities
- Design & organise Sports Day