



Good morning and welcome to Day 2 of Active Week 2020!

Today we would like you to try a minimum of two activities and at least one 'Beat the Staff Challenge'. Make sure to take photos of each of your amazing activities and upload a sample of your photos to Google Classroom.

See if you can rope in your mom, dad, brothers or sisters to take part..... fun for all the family!

Remember safety first, only do what feels comfortable for you and most importantly have fun!

Day 2: Tuesday

Strand: Outdoor and Adventure

Activity 1: Obstacle Course

- Find a good space for the obstacle course.
- Start planning your obstacle course (maybe you could draw it out).
- Get the materials you need to build the obstacle course.
- Start setting up the obstacle course (try to have at least 5 obstacles).
- Try out the obstacle course.
- Time yourself to see how fast you can complete the obstacle course.

- Try to beat your time each time you do the obstacle course



Activity 2: Build a fort/den

- Make two rows of chairs with the back facing each other.
- Place blankets or cushions on the floor between the chairs to make the den comfortable.
- Drape a blanket or a sheet over the chairs to make the roof.
- Secure the blankets with pegs or heavy objects to hold the roof in place.
- Make the space your own by adding in any extras you would like in your den such as a blanket for a door, fairy lights, toys, a tunnel or games.



Activity 3: Alphabet Scavenger Hunt

You must find objects around your house, which begin with each letter of the alphabet.

When you have found each item you can arrange them in alphabetical order like the picture below and take a picture to upload to Google classroom. Have fun!



'Beat the Staff Challenge':

Here are four links to challenges set by the staff of Scoil an Linbh Iosa. We have had great fun filming them and we hope you have great fun trying to beat us. Let the best person win!!

1. Ms. Lynch - Cycling
2. Ms. Gaire - Obstacle course
3. Ms. O'Connor - The Cube /transferring
4. Ms. Barrett - Tea bag challenge
5. Mr O'Sullivan - Target practice