

Flower Pressing Art Activity

Have a look at this video about flower pressing. You can try to create your own art using pressed flowers.

<http://www.nhm.ac.uk/discover/how-to-press-flowers.html>

Once you've mastered this simple technique, you'll find many uses for the flowers and leaves you press.

Why not embark on a craft project and decorate special cards for family and friends or create beautiful art.

You will need:

- books
- newspaper
- card
- PVA glue
- a pen

What to do:

1. In a spot where you have permission to pick flowers, carefully pick a section from a plant. Try not to damage other flowers or take too many.
2. Open a book and line it with newspaper. Place your flowers (as flat as you can) on the page. Place the flowers you want to press on newspaper between the pages of a book
3. Carefully close the book and weight it down - additional heavy books work well as weights.
4. Store this pile in a warm, dry place and check on your flower specimens daily.
5. Once your flowers are dry, carefully remove them.
6. You can then create your own flower collection or make some beautiful art. Use glue to mount the pressed flowers on card.

