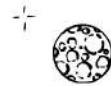
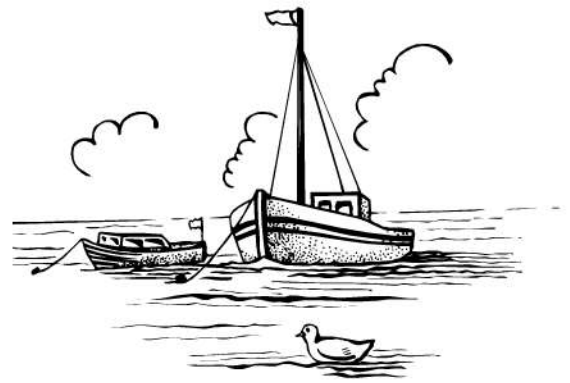


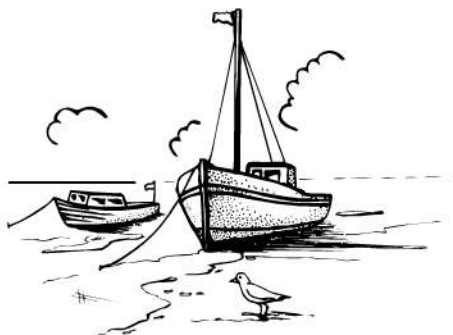
Tides

The tide is the regular rise and fall of⁽¹⁾ ocean water. There are four tides a day. Two⁽²⁾ them are high tides and two of them are⁽³⁾ tides. Once the water reaches its lowest mark (low⁽⁴⁾) it rises slowly over the next six hours until⁽⁵⁾ reaches its highest mark (high tide). Then the pattern⁽⁶⁾ again.



Tides are caused by the pull of the⁽⁷⁾ and Sun. The Moon and the Sun pull the⁽⁸⁾ of the oceans towards themselves, a little like a⁽⁹⁾ pulls iron towards itself. Because the Moon is closer⁽¹⁰⁾ the Earth, the Moon pulls at the water more⁽¹¹⁾ the Sun.

Tides are very important to people. They⁽¹²⁾ those who use boats to know when they can⁽¹³⁾ and enter harbours. Many people who fish for a⁽¹⁴⁾ read the tides for the likely times fish may⁽¹⁵⁾ on the bite. Tides also help clean out shallow⁽¹⁶⁾ and harbours.



Moon **low** **be** **the** **than**
of **rivers** **help** **it** **water** **tide**
magnet **living** **begins** **to** **leave**